

Parenting Programs

New Parent Support Groups

ALTAMED CAL-LEARN - COMMERCE

2476 S. Atlantic Blvd.

Commerce, CA 90040

(888) 833-6232 Service/Intake/Administration

(323) 980-3061 Service/Intake

PROGRAM/ELIGIBILITY

The program provides family life education through the Adolescent Family Life Program (AFLP) and Cal Learn Program for pregnant and parenting teens in the Southeast and Whittier areas of Los Angeles. Services are restricted to residents of the following zip codes 90022, 90023, 90031, 90032, 90033, 90040, 90041, 90042, 90058, 90063, 90201, 90240, 90241, 90242, 90255, 90270, 90280, 90601, 90602, 90604, 90605, 90631, 90638, 90640, 90650, 90701, 90703, 90706, 90712, 90713, 90715 and 90716 in the cities of Commerce, East Los Angeles and Norwalk.

Eligibility Requirements: AFLP accepts pregnant or parenting teen mothers 17 years or younger; expecting or parenting fathers 21 years or younger; and participants cannot receive TANF benefits. Teen mothers may stay in the program until they are 20 years old; teen fathers may stay until age 21.

Cal Learn program accepts pregnant or parenting teen 19 years or younger, attending school and receiving TANF benefits.

The Adolescent Family Life Program (AFLP) and Cal Learn programs provides comprehensive case management. Services may include family planning services, prenatal care, well-baby care, employment location assistance, assess to health, education, nutrition, and psychological services, parenting education, child care, counseling and support groups.

The program also assists siblings of Cal-Learn participants. The Sibling Program offers the sisters and brothers of Cal Learn participants one-on-one mentoring to provide alternatives to teenage pregnancy. The program helps youth age 11 to 17 develop career goals and decision making skills, increase self-respect and respect for others, and build character and leadership skills.

LANGUAGES OTHER THAN ENGLISH

Spanish

APPLICATION PROCEDURE

Call or walk in to apply. If the applicant is accepted into the program after the initial screening, an at-home interview is scheduled.

HOURS

Monday through Sunday, 8:00am to 5:00pm.

FEES/PAYMENT SOURCE

There are no fees for services.

ALTA MED HEALTH SERVICES CORPORATION

249 E. Pomona Blvd.

Monterey Park, CA 91755

(888) 833-6232 Service/Intake/Administration

(323) 722-8300 Service/Intake

(800) 833-6235 Service/Intake (1-800-TEEN-AFL)

PROGRAM/ELIGIBILITY

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Cal Learn program accepts pregnant or parenting teen 19 years or younger, attending school and receiving TANF benefits.

The Adolescent Family Life Program (AFLP) and Cal Learn programs provides comprehensive case management. Services may include family planning services, prenatal care, well-baby care, employment location assistance, assess to health, education, nutrition, and psychological services, parenting education, child care, counseling and support groups.

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LANGUAGES OTHER THAN ENGLISH

Spanish

APPLICATION PROCEDURE

Call or walk in to apply. If the applicant is accepted into the program after the initial screening, an at-home interview is scheduled.

HOURS

Monday through Sunday, 8:00am to 5:00pm.

FEES/PAYMENT SOURCE

There are no fees for services.

EL NIDO FAMILY CENTER – LOS ANGELES 90003

9300 S. Broadway

Los Angeles, CA 90003

(323) 242-5020 Service/Intake

PROGRAM/ELIGIBILITY

The agency provides counseling services for parents of all ages in the Los Angeles area. Services include individual, family, and group counseling. The counseling may focus on a wide variety of problems and concerns which families may experience in the process of living and on specific crises. The types of problems staff can assist with include family communication, parent-child conflict, child abuse, grief and loss, adjustments of childhood or adolescence difficulties related to divorce or remarriage, school problems, disruptive or delinquent behaviors, drug abuse, depression, and low self-esteem as it relates to child neglect. There are no age restrictions; applicants must reside in zip codes 90001, 90002, 90003, 90011, 90044.

LANGUAGES OTHER THAN ENGLISH

Spanish; counseling classes are offered in English and Spanish.

APPLICATION PROCEDURE

Call for an appointment.

HOURS

Monday through Friday, 8:30am to 5:00pm.

FEES/PAYMENT SOURCE

There are no fees for services.

Parenting Classes

ALHAMBRA CITY SCHOOLS – ADULT EDUCATION DIVISION

Southeast Community Adult School

7422 E. Garvey Ave.

Rosemead, CA 91770

(626) 572-2280 Service/Intake

PROGRAM/ELIGIBILITY

This agency provides basic education, vocational education, and personal development classes for people of all ages who live in the West San Gabriel Valley. Students younger than age 18 who have not graduated from high school may be eligible with permission from their school.

Basic education courses include high school diploma, and adult basic education (ABE). Other academic courses are available. Vocational courses are offered in clerical work, electronics, auto maintenance, and nursing assistance. Personal enrichment courses include parenting education, home arts, and fine arts.

LANGUAGES OTHER THAN ENGLISH

Cantonese, Mandarin, Spanish, Vietnamese

APPLICATION PROCEDURE

People who want information or to obtain a bulletin of the current classes that are offered may call or go to the office of any of the five campuses. To register for classes, people go to the first scheduled class meeting.

HOURS

Monday through Thursday, 8:00am to 10:00pm and Friday, 8:00am to 4:30pm. Classes are offered at various times, including daytime and evening hours.

FEES/PAYMENT SOURCE

There are no fees for adult basic education, or high school diploma classes. Fees for other classes vary. People age 55 and older and people who have a disability pay one-half of the advertised fee.

BIENVENIDOS FAMILY SERVICES

5233 E. Beverly Blvd.

Los Angeles, CA 90022

(323) 728-9577 Service/Intake and Administration

PROGRAM/ELIGIBILITY

The agency provides a variety of family support services for families who are at risk of fragmentation and who live in East Los Angeles, Pomona and San Gabriel Valley. Services include case management, counseling, information and referral, in-home family support services, parental visitation monitoring, a parenting education training program for fathers called Con Los Padres, children's respite care for children age birth through eight, and referral and prevention services through three separate programs; Prevention, Family Reunification and Center Based. Families may move through all or one of the programs. The program accepts court-ordered families. Age restrictions apply; there are no geographic restrictions.

LANGUAGES OTHER THAN ENGLISH

Farsi, Spanish

APPLICATION PROCEDURE

Call or walk in for information; an appointment is preferred for service. Call the hotline number for emergency respite care information.

HOURS

Monday through Friday, 8:30am to 5:30pm.

FEES/PAYMENT SOURCE

There are no fees for most services; parental visitation monitoring is available on a sliding scale.

CHINATOWN SERVICE CENTER

Monterey Park Office

112 N. Chandler Ave., Ste. 105

Monterey Park, CA 91754

(626) 293-8733 Service/Intake

PROGRAM/ELIGIBILITY	<p>The agency provides mental health services for people in Los Angeles. Services include life problems counseling.</p> <p>The counseling program provides individual, group and family counseling. Services include crisis intervention, marriage counseling, child abuse prevention and treatment, domestic violence services, parent education, specialized information and referral, and youth services.</p>
LANGUAGES OTHER THAN ENGLISH	Cantonese, Mandarin, and Vietnamese; some services are available in Armenian, Lao, Spanish and Russian.
APPLICATION PROCEDURE	Call to schedule an appointment.
HOURS	Monday through Friday, 8:30am to 5:00pm. Evening hours are available for some services. Program and service hours vary; call for details.
FEES/PAYMENT SOURCE	Most services are free. Counseling fees are based on a sliding scale.

EL MONTE – ROSEMEAD ADULT SCHOOL

4105 Rosemead Blvd.

Rosemead, CA 91770

(626) 258-5900 Service/Intake

PROGRAM/ELIGIBILITY	<p>The adult school provides a wide range of educational services for adults age 18 and older who live in Arcadia, El Monte, Rosemead, San Gabriel, South El Monte and Temple City. The services include basic education classes; family literacy, GED preparation, high school completion classes; trade, technical, and vocational classes; parent education classes; classes for older adults including art, creative writing, exercise, home decorating and gardening; and a variety of special interest classes.</p>
LANGUAGES OTHER THAN ENGLISH	Spanish, Vietnamese
APPLICATION PROCEDURE	People may call or walk in for information or to request a schedule of classes and locations.
HOURS	Monday through Thursday, 7:45am to 3:30pm and 6:00pm to 9:30pm; Friday, 7:45am to 3:30pm. ESL/Citizenship classes are provided Monday through Friday, 7:45am to 12:00pm; Monday through Thursday, 6:00pm to 9:30pm.
FEES/PAYMENT SOURCE	<p>There are no fees for ESL, high school diploma, or basic education classes. The fees for other courses are \$25 per semester; these fees are being waived for the Spring, 2000 semester only.</p>

FAMILY SERVICE OF LONG BEACH

Bellflower

16704 Clark Ave.

Bellflower, CA 90706

(562) 867-1737 Service/Intake

PROGRAM/ELIGIBILITY	<p>The agency provides life problems counseling for people in the Greater Long Beach area. Geographic and age restrictions apply for some services.</p> <p>Parenting classes are available for court-ordered or self-referred individuals. Services include information and education and support groups. Staff will provide certificates of completion and progress reports for the courts if necessary.</p>
LANGUAGES OTHER THAN ENGLISH	Farsi, Spanish
APPLICATION PROCEDURE	Call for an appointment or information.
HOURS	Monday through Friday, 8:30am to 9:00pm; Saturday, 9:00am to 3:00pm.
FEES/PAYMENT SOURCE	Fees are set on a sliding scale which range from \$25 to \$100.

WOMEN IN TRANSITION

8819 Whittier Blvd., Ste. 101

Pico Rivera, CA 90660

(562) 463-5878 Service/Intake

PROGRAM/ELIGIBILITY	<p>The program provides family life education for people of all ages in Los Angeles. Services include parenting education. There are no geographic restrictions.</p> <p>Staff will provide progress reports to the court if necessary.</p>
LANGUAGES OTHER THAN ENGLISH	Spanish
APPLICATION PROCEDURE	Call to apply.
HOURS	Monday through Friday, 8:00am to 5:00pm.
FEES/PAYMENT SOURCE	There are no fees for services.

FORD PARK COMMUNITY ADULT SCHOOL

7800 Scout Ave.
Bell Gardens, CA 90201
(562) 927-7750 Service/Intake

PROGRAM/ELIGIBILITY	<p>The school provides adult education services primarily for adults age 18 and older who live in the Montebello Unified School District which includes Bell Gardens, City of Commerce, Montebello, and portions of Los Angeles, Pico Rivera, and Monterey Park. High School students who wish to also attend the adult school for additional credits may do so with permission from their counselor, parent and the adult school administrator. The classes offered by the school are held at the adult school facility.</p> <p>Classes for people who wish to enhance their parenting skills are available. Child care is available during the day for students' children age two and one-half through four years.</p>
LANGUAGES OTHER THAN ENGLISH	Spanish
APPLICATION PROCEDURE	Call the adult school office for information about registration dates and times and current classes; people go to the school to register. Students who are working toward a high school diploma must meet with an adult school counselor prior to enrollment.
HOURS	Monday through Thursday, 8:00am to 9:30pm; Friday, 8:00am to 4:00pm; Saturday, 8:00am to 12:00 noon.
FEES/PAYMENT SOURCE	Business education students pay a non-refundable fee of \$5 per class per semester, and a non-refundable tuition fee of \$6 per semester is also required. There are no fees for students who are attending a class for credit toward a high school diploma; students enrolled in GED preparation courses ; people who receive Social Security or public assistance benefits; people who are disabled; and people age 60 and older. There is no fee for child care for students' children. There are no fees for ABE, ESL, Citizenship, GED preparation, high school subjects, parenting, family literacy, custodial training, or Distance Learning classes.

HACIENDA LA PUENTE UNIFIED SCHOOL DISTRICT

15959 E. Gale Ave.
City of Industry, CA 91745
(626) 933-1000 Service/Intake

PROGRAM/ELIGIBILITY	<p>The district provides family life education. Services include parenting skills development, parent support groups, teen parent programs. Services are provided from several sites in the district. Service is restricted to parents who live or work in the Hacienda La Puente Unified School District.</p>
LANGUAGES OTHER THAN ENGLISH	Spanish
APPLICATION PROCEDURE	Call for information. Teen parents must register at Workman High to participate in the program. Registration is not required for parenting seminars. Child care is available during the seminars.
HOURS	Monday through Friday, 8:00am to 5:00pm. Parenting seminars are Tuesday, 6:30pm to 8:00pm.
FEES/PAYMENT SOURCE	There are no fees for service.

HELPLINE YOUTH COUNSELING, INC. – NORWALK

12440 E. Firestone Blvd., Ste. 1000
Norwalk, CA 90650
(562) 864-3722 Service/Intake

PROGRAM/ELIGIBILITY

The program provides youth services for at risk youth, ages 8 to 18, in the Southeast area of Los Angeles County. The program goals are prevention and early intervention for youth who are at risk for delinquency or gang involvement. Services include adolescent/youth counseling; child guidance; comprehensive outpatient alcoholism treatment programs; comprehensive drug abuse treatment programs; family counseling; in-person crisis intervention; juvenile delinquency prevention; juvenile diversion; parenting skills development; public awareness/education; and youth development programs. There are no geographic restrictions.

The parent project provides parenting skills development for any parent of at risk youth. The program accepts court-referred parents, and anyone from the community is also welcome to participate. There are 10 parenting sessions in the program.

LANGUAGES OTHER THAN ENGLISH

Spanish

APPLICATION PROCEDURE

Call to arrange an appointment.

HOURS

Monday through Thursday, 9:00am to 8:00pm; or Friday, 9:00am to 5:00pm.

FEES/PAYMENT SOURCE

Fees for counseling are on a sliding scale from \$10, depending upon the family's income. There is a \$20 intake fee. Insurance is not accepted. The parenting program charges a \$20 fee for materials. There are no fees for on-campus group counseling, speakers, or prevention programs.

HUMAN SERVICES ASSOCIATION – FAMILY GUIDANCE CENTER

6800 E. Florence Ave.
Bell Gardens, CA 90201
(562) 806-5400 Service/Intake

PROGRAM/ELIGIBILITY

The center provides individual conjoint, family and group counseling as well as psychological evaluations for people of all ages who live in the Southeast area of Los Angeles which includes Bell, Bell Gardens, Commerce, Cudahy, Huntington Park, Lynwood, Maywood, Pico Rivera and South Gate. In addition, the agency provides parenting classes in English and Spanish for people from any area, individual and group counseling for youth at local schools in an effort to prevent major problems from developing, and speakers who can give presentations about domestic violence, rape and AIDS for community groups. Geographic restrictions apply.

LANGUAGES OTHER THAN ENGLISH

Spanish

APPLICATION PROCEDURE

Call for an appointment or to apply for the parenting classes.

HOURS

Monday through Friday, 8:00am to 4:30pm.

FEES/PAYMENT SOURCE

Fees for counseling are on a sliding scale, based on your ability to pay starting at \$25 per course; for parenting classes, \$0 to \$40 per person or \$0 to \$40 per couple per session. Private insurance is not accepted. Books for the classes may be borrowed or may be purchased for \$20. No one is denied service due to inability to pay.

INTERCHURCH COUNSELING CENTER

6725 Friends Ave., Rm. 223

Whittier, CA 90601

(562) 698-1272 Service/Intake

PROGRAM/ELIGIBILITY

The center provides life problems counseling for people of all ages in Los Angeles County. Services include general counseling, premarital counseling, bereavement counseling, adolescent/youth counseling, pastoral counseling, divorce counseling, marriage counseling, parenting skills development, and anger management. The agency uses an interdisciplinary approach to social, emotional, and spiritual health by combining the perspectives of psychotherapists, ministers and physicians in a comprehensive range of counseling services. Short and long term psychotherapy is also available for people who have a need for more intensive ongoing assistance. Psychiatric consultation is available to monitor medication for center clients, when necessary. There are no geographic restrictions.

Parenting skills development and anger management is available for court ordered and self-referred individuals. Staff will provide progress reports to the court if necessary.

LANGUAGES OTHER THAN ENGLISH

Spanish; parenting skills development and anger management is provided in English only.

APPLICATION PROCEDURE

Call to apply; an appointment is required. People who are in crisis can contact a counselor via pager when the office is not staffed.

HOURS

Monday through Friday, 9:00am to 9:00pm. Evening services are available.

FEES/PAYMENT SOURCE

Fees are set on a sliding scale based on income and range from \$35 to \$90 per session; lower fees available for low-income Whittier residents or qualified low income applicants as grants are available. Private insurance is accepted.

INTERCOMMUNITY CHILD GUIDANCE CENTER

8106 Broadway Ave.

Whittier, CA 90606

(562) 692-0383 Service/Intake

PROGRAM/ELIGIBILITY

The center provides outpatient individual, family, and group therapy for children and youth younger than age 18 and their families who live in La Habra Heights, La Mirada, Los Nietos, Whittier, Pico Rivera and Santa Fe Springs. In addition, the center offers parenting classes and periodic community education seminars and workshops on family and mental health-related topics, and also provides consultation services for other agencies. The center also provides a short term, crisis intervention program of eight sessions for children in immediate crisis.

The parenting classes are designed both for people who are required by the courts to complete such a course and for people who voluntarily want to enhance their parenting skills. The focus is on the development of practical skills and a parenting handbook is provided for participants. Participants must be enrolled in the class for 10 weeks to receive a certificate of completion. The classes are ongoing, year around. Probation officers may call to verify attendance; however, the program does not usually provide progress reports.

LANGUAGES OTHER THAN ENGLISH

Spanish

APPLICATION PROCEDURE

Call for an orientation appointment or for information.

HOURS

Call Monday through Thursday, 8:00am to 7:00pm; Friday, 8:00am to 1:00pm. An answering service is available for messages at other times. Some evening appointments may be available. The parenting class meets weekly in the evenings for one and one half hours.

FEES/PAYMENT SOURCE

Fees for treatment services are on a sliding scale. Medi-Cal and private insurance are accepted. The fee for community workshops and consultation varies. There is no fee for the parenting class; the fee for the handbook is \$7. People who cannot afford to purchase the handbook may request a loaner. There is no fee for the short term crisis intervention program.

LAUSD – DIVISION OF ADULT AND CAREER EDUCATION

Garfield Community Adult School

5101 E. 6th St.

Los Angeles, CA 90022

(323) 262-5163

Service/Intake

(213) 625-3276

Information Only (62-LEARN/Class Info)

PROGRAM/ELIGIBILITY

The division provides adult education programs at 39 community adult schools, occupational centers and skills centers with more than 700 branch locations throughout the school district. Adult education classes include basic education (literacy), life skills (democracy, consumer awareness, health, parenting education, home/family relationships), English as a Second Language (ESL), citizenship and vocational training. It also offers adult high school diploma programs, Adult Basic Education (8th grade diploma), GED preparation and citizenship/naturalization.

LANGUAGES OTHER THAN ENGLISH

Spanish

APPLICATION PROCEDURE

Call the 62-LEARN information line for specific courses and the location of the closest program/school. People apply for classes at the specific adult school site.

HOURS

Administration hours are Monday through Friday, 8:00am to 5:00pm. Community Adult School office hours are 1:00pm to 9:00pm. Classes are available mornings, evenings and Saturdays.

FEES/PAYMENT SOURCE

There are fees for some programs. There is no fee for citizenship program classes, except for the optional history/government test, which is \$15.

LAUSD – DIVISION OF ADULT AND CAREER EDUCATION

Huntington Park-Bell Community Adult School

6020 Miles Ave.

Huntington Park, CA 90255

(323) 581-0168

Service/Intake

(213) 625-3276

Information Only (62 LEARN/Class Info)

PROGRAM/ELIGIBILITY

The division provides adult education programs at 39 community adult schools, occupational centers and skills centers with more than 700 branch locations throughout the school district. Adult education classes include basic education (literacy), life skills (democracy, consumer awareness, health, parenting education, home/family relationships), English as a Second Language (ESL), citizenship and vocational training. It also offers adult high school diploma programs, Adult Basic Education (8th grade diploma), GED preparation and citizenship/naturalization.

LANGUAGES OTHER THAN ENGLISH

Spanish

APPLICATION PROCEDURE

Call the 62-LEARN information line for specific courses and the location of the closest program/school. People apply for classes at the specific adult school site.

HOURS

Administration hours are Monday through Friday, 8:00am to 5:00pm. Community Adult School office hours are 1:00pm to 9:00pm. Classes are available mornings, evenings and Saturdays

FEES/PAYMENT SOURCE

There are fees for some programs. There is no fee for citizenship program classes, except for the optional history/government test, which is \$15.

LAUSD – DIVISION OF ADULT AND CAREER EDUCATION

South Gate Community Adult School

3351 Firestone Blvd.

South Gate, CA 90280

(323) 569-7104

Service/Intake

(213) 625-3276

Information Only (62 LEARN/Class Info)

PROGRAM/ELIGIBILITY

The division provides adult education programs at 39 community adult schools, occupational centers and skills centers with more than 700 branch locations throughout the school district. Adult education classes include basic education (literacy), life skills (democracy, consumer awareness, health, parenting education, home/family relationships), English as a Second Language (ESL), citizenship and vocational training. It also offers adult high school diploma programs, Adult Basic Education (8th grade diploma), GED preparation and citizenship/naturalization.

LANGUAGES OTHER THAN ENGLISH

Spanish

APPLICATION PROCEDURE

Call the 62-LEARN information line for specific courses and the location of the closest program/school. People apply for classes at the specific adult school site.

HOURS

Administration hours are Monday through Friday, 8:00am to 5:00pm. Community Adult School office hours are 1:00pm to 9:00pm. Classes are available mornings, evenings and Saturdays

FEES/PAYMENT SOURCE

There are fees for some programs. There is no fee for citizenship program classes, except for the optional history/government test, which is \$15.

MELA COUNSELING SERVICES CENTER

5240 E. Beverly Blvd.

Los Angeles, CA 90022

(323) 728-0100

Service/Intake and Administration

PROGRAM/ELIGIBILITY

The agency provides adult education for low-income people of all ages who live in Los Angeles County. Services include parenting education and English as a Second Language courses. On-site child care is provided by supervised volunteers or interns. There are no geographic restrictions; income restrictions apply for some services.

Parenting classes are provided to individuals of all ages including those who are court-ordered. The program runs for six weeks and participants receive certificates of completion. Staff provide progress reports to the courts if necessary.

LANGUAGES OTHER THAN ENGLISH

Spanish

APPLICATION PROCEDURE

Call or walk in for an appointment. Proof of income is required.

HOURS

Administrative hours are Monday through Friday, 9:00am to 5:00pm. Service hours are Monday through Friday, 9:00am to 4:00pm.

FEES/PAYMENT SOURCE

The fee for the literacy program is \$10. The fees for parenting classes are set on a sliding scale starting at \$5 per class.

MONTEBELLO UNIFIED SCHOOL DISTRICT

123 S. Montebello Blvd.

Montebello, CA 90640

(323) 887-7900 ext. 2271 Service/Intake

(323) 887-7844 Service/Intake (Montebello Community Adult School)

PROGRAM/ELIGIBILITY

The district offers family life education at four adult schools which provide parenting classes. Specialized parenting classes are offered that deal with parenting infants, toddlers, elementary age children, for parents who are court-ordered to receive parenting education, and classes for parents and their children. Child care is provided for participants' children who are age two to three and who are toilet trained.

LANGUAGES OTHER THAN ENGLISH

Spanish

APPLICATION PROCEDURE

Call or walk in for information. For parenting classes, call the Community Adult School for class schedule; parents walk in to register at the first class.

HOURS

The parenting classes hours vary according to sites.

FEES/PAYMENT SOURCE

Fees for parenting classes vary, most are \$6 or \$10; there are no fees for court-ordered parent education classes.

ORDER MY STEPS

Covenant Resource Center

430 Atlantic Ave., Ste. 107

Long Beach, CA 90807

(562) 432-3759 Service/Intake

PROGRAM/ELIGIBILITY

The program provides family life education to people who live in Los Angeles County. Services include parenting skills development. There are no geographic restrictions.

LANGUAGES OTHER THAN ENGLISH

None

APPLICATION PROCEDURE

Call to apply.

HOURS

Monday, 6:00pm to 8:00pm.

FEES/PAYMENT SOURCE

\$10 for each class or \$50 pre-paid for all classes. \$15 each couple per class or \$80 pre-paid for all classes.

PACIFIC CLINICS – ASIAN PACIFIC FAMILY CENTER

9353 E. Valley Blvd.

Rosemead, CA 91770

(626) 287-2988 Service/Intake

PROGRAM/ELIGIBILITY

The center is a specialized mental health facility which offers a variety of multilingual, multicultural, family-oriented professional mental health services which are sensitive to the needs of San Gabriel Valley residents of all ages who are of Asian/Pacific heritage. Services are provided for people who live in Alhambra, Altadena, Arcadia, Azusa, Baldwin Park, Bassett, Bradbury, Charter Oak, Covina, Diamond Bar, Duarte, El Monte, Glendora, Hacienda Heights, Industry, Irwindale, La Puente, Monterey Park, Monrovia, Pasadena, Rosemead, Rowland Heights, San Dimas, San Gabriel, San Marino, Sierra Madre, South El Monte, South Pasadena, South San Gabriel, Temple City, Valinda, Walnut and West Covina.

Mental health services include individual, conjoint, family and group therapy; play therapy; medication therapy; case management; adult socialization and skill development activities; psychological testing and psycho-social assessments; parenting classes/parenting support, community services; in-home counseling. Family counseling is provided in the Korean language by appointment.

LANGUAGES OTHER THAN ENGLISH

Cantonese, Japanese, Korean, Mandarin, Taiwanese, Toisanese, Vietnamese

APPLICATION PROCEDURE

To apply for services, call for an appointment.

HOURS

Monday, Wednesday, and Friday, 9:00am to 5:00pm; Tuesday and Thursday, 9:00am to 8:00pm; and Saturday, 9:00am to 1:00pm by appointment only. Counseling in Korean is provided on Tuesday and Thursday, 9:30am to 7:00pm; and Wednesday, 9:00am to 5:00pm.

FEES/PAYMENT SOURCE

Fees for service are based on the individual's ability to pay, and no one is denied services due to a lack of funds. Medi-Cal and private insurance are accepted.

PLAZA DE LA RAZA HEAD START

6620 Telegraph Rd.

Los Angeles, CA 90040

(323) 727-6561 Service/Intake

PROGRAM/ELIGIBILITY

The program provides family life education to people who live in Los Angeles County. Services include classes on child development, English as a Second Language, parenting skills and various other adult education classes depending on enrollment (CPR, health, citizenship etc.). There are no geographic restrictions.

LANGUAGES OTHER THAN ENGLISH

Spanish

APPLICATION PROCEDURE

Call to apply.

HOURS

Hours vary according to class schedule. ESL and child development classes are held each Monday and Wednesday morning.

FEES/PAYMENT SOURCE

There are no fees for classes except a \$39 fee for the child development class.

SOLEDAD ENRICHMENT ACTION, INC.**Sea Fetterly**

161 S. Fetterly Ave.

Los Angeles, CA 90022

(323) 261-9780

Information Only

(323) 264-5731

Service/Intake

PROGRAM/ELIGIBILITY

The agency provides family life education for people of all ages in Los Angeles County. Services include parenting skills development and technical assistance for youth services. There are no geographic restrictions.

Parenting skills development is provided in a 20 week course with 2 hours per session and is especially designed for parents of high risk youth of all ages. Classes are run by instructors who were once participants. After completing the course parents may attend the on-going support groups available. Staff will provide progress reports to the court.

LANGUAGES OTHER THAN ENGLISH

Spanish

APPLICATION PROCEDURE

Call or email for information or to apply.

HOURS

Monday through Friday, 8:00am to 4:00pm; class times vary.

FEES/PAYMENT SOURCE

There are fixed fees for services; parenting skills development is \$5 per class.

SPIRITT FAMILY SERVICES

9401 Painter Ave., Rm. 104

Whittier, CA 90605

(562) 698-9436

Service/Intake

PROGRAM/ELIGIBILITY

The agency provides family life education services primarily for San Gabriel Valley residents. Services are targeted, but not restricted, to Hispanics/Latinos; they include family communication skills, group counseling, parenting skills development and juvenile delinquency prevention programs. Geographic, income and age restrictions apply for some programs.

LANGUAGES OTHER THAN ENGLISH

Spanish

APPLICATION PROCEDURE

Call or walk in for information or to apply for service.

HOURS

Monday through Friday, 8:30am to 5:00pm. Service hours vary.

FEES/PAYMENT SOURCE

Fees for services vary; they can be based on a sliding scale. Fees for the Family Communication Skills class are \$75 for the 7-week session per family. No one is denied service due to inability to pay.

STRAIGHT TALK, INC. – LA MIRADA

13710 La Mirada Blvd.

La Mirada, CA 90638

(562) 943-0195 Service/Intake

PROGRAM/ELIGIBILITY

The clinic provides individual, conjoint, family, and group counseling for people of all ages who live in the city of La Mirada. The focus of the sessions may be on problems and stresses of living, such as parenting, parent-child conflict, family communication, marital problems, divorce, stepfamily adjustments, school problems, adjustments of childhood or adolescence, retirement, or grief and bereavement; on pre-marital issues; on a specific crisis; or on alcohol or drug use, especially by adolescents. Staff meet with the client(s) to assess the problems and to develop a treatment plan which may utilize several counseling modalities. Staff can also refer people who are not appropriate for clinic services or who can benefit from additional support to other community resources.

The support groups offered by the agency form in response to client interest and need. A teen support group is available which assists adolescents to develop positive self-esteem, responsibility, and decision-making skills which enable them to deal with peer pressure and to make mature decisions. Parenting skills classes are offered to help parents find more effective and supportive ways of dealing with discipline. Other groups are offered, as needed, that focus on areas like assertiveness, grief, incest survivors and general support. Groups are open to La Mirada residents as well as residents of surrounding communities.

LANGUAGES OTHER THAN ENGLISH

Spanish

APPLICATION PROCEDURE

Call for an appointment. People may also call who are interested in a referral for related community resources.

HOURS

The clinic is staffed Monday through Thursday, 9:00am to 9:00pm. There is a 24 hour answering service. Counseling sessions and support groups meet at various times. Call for specific information.

FEES/PAYMENT SOURCE

Fees are on a sliding scale based on the family's income. Private insurance is accepted.